

トレーニングルーム 専用予約スケジュール

ご予約可能期間
 ご予約前期間
 ● ・ ・ 空き
 × ・ ・ 予約済み

5月2日 現在

	5月																													6月					
	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5
	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金
9:00 トレーニングルーム①	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
9:00 トレーニングルーム②	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
9:00 全面	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
10:00 トレーニングルーム①	×	×	×	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
10:00 トレーニングルーム②	×	●	×	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
10:00 全面	×	×	×	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
11:00 トレーニングルーム①	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
11:00 トレーニングルーム②	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
11:00 全面	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
12:00 トレーニングルーム①	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
12:00 トレーニングルーム②	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
12:00 全面	×	●	●	●	●	×	×	×	×		×	×	×	×	×	×	×	×	×	×	×	×	×		×	×	×	×							
13:00 トレーニングルーム①	×	●	●	●	●	●	×	×	●		×	●	●	×	×	●	●	×	●	●	×	×	●		×	●	×	×							
13:00 トレーニングルーム②	×	●	●	●	●	●	×	×	●		×	●	●	×	×	●	●	×	●	●	×	×	●		×	●	×	×							
13:00 全面	×	●	●	●	●	●	×	×	●		×	●	●	×	×	●	●	×	●	●	×	×	●		×	●	×	×							
14:00 トレーニングルーム①	×	●	●	●	●	●	×	×	●		×	×	●	×	×	●	●	×	×	●	×	×	●		×	●	×	×							
14:00 トレーニングルーム②	×	●	●	●	●	●	×	×	●		×	×	●	×	×	●	●	×	×	●	×	×	●		×	●	×	×							
14:00 全面	×	●	●	●	●	●	×	×	●		×	×	●	×	×	●	●	×	×	●	×	×	●		×	●	×	×							
15:00 トレーニングルーム①	×	●	●	●	●	×	●	×	●		×	×	●	×	×	●	●	×	×	●	×	×	●		×	●	×	●							
15:00 トレーニングルーム②	×	●	●	●	●	×	●	×	●		×	×	●	×	×	●	●	×	×	●	×	×	●		×	●	×	●							
15:00 全面	×	●	●	●	●	×	●	×	●		×	×	●	×	×	●	●	×	×	●	×	×	●		×	●	×	●							
16:00 トレーニングルーム①	×	●	●	●	●	×	×	●	●		×	×	●	●	●	×	×	×	×	●	●	×	●		×	×	×	×							
16:00 トレーニングルーム②	●	●	●	●	●	×	×	●	●		×	×	●	●	●	×	×	×	×	●	●	×	●		×	×	×	×							
16:00 全面	×	●	●	●	●	×	×	●	●		×	×	●	●	●	×	×	×	×	●	●	×	●		×	×	×	×							
17:00 トレーニングルーム①	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	●	●		×	×	×	×								
17:00 トレーニングルーム②	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	●	●		×	×	×	×								
17:00 全面	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	●	●		×	×	×	×								
18:00 トレーニングルーム①	×	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
18:00 トレーニングルーム②	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
18:00 全面	×	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
19:00 トレーニングルーム①	●	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
19:00 トレーニングルーム②	●	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
19:00 全面	●	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
20:00 トレーニングルーム①	●	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
20:00 トレーニングルーム②	●	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								
20:00 全面	●	●	●	●	●	×	×	●	●		×	●	×	×	●	●	×	×	×	×	●	●		×	●	×	×								

* 毎週土曜日に更新予定

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9:00	レーン①	●	●	●	●	●	×	×	●	●	休館日	×	×	×	×	●	●	×	×	×	×	×	●	●	休館日	×	×	×	×											
	レーン②	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	×	×	●		●	×	×	×	×										
10:00	レーン①	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	×	×	●		●	×	×	×	×										
	レーン②	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	×	×	×		●	●	×	×	×	×									
11:00	レーン①	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	×	×	×		●	●	×	×	×	×									
	レーン②	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	×	×	×		×	●	●	×	×	×	×								
12:00	レーン①	●	●	●	●	●	×	×	●	●		×	×	×	×	●	●	×	×	×	×	×	×	×		●	●	×	×	×	×									
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13:00	レーン①	●	●	●	●	●	●	×	●	●		●	×	●	×	●	●	●	●	●	×	●	×	●		×	●	●	●	×	●	×								
	レーン②	●	●	●	●	●	●	●	●	●		●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	●	×	●	●									
14:00	レーン①	●	●	●	●	●	●	×	●	●		●	×	●	×	●	●	●	●	●	×	●	×	●		×	●	●	●	×	●	×								
	レーン②	●	●	●	●	●	●	●	●	●		●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	●	×	●	●									
15:00	レーン①	●	●	●	●	●	●	×	●	●		●	●	●	×	●	●	●	●	●	●	●	×	●		×	●	●	●	●	●	×								
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
16:00	レーン①	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
17:00	レーン①	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
18:00	レーン①	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●									
19:00	レーン①	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●											
	レーン②	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●											
20:00	レーン①	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●											
	レーン②	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●											

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