

会議室 専用予約スケジュール

ご予約可能期間

ご予約前期間

●・・・空き

×・・・予約済み

1月17日 現在

		1月															2月																			
		17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
		土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金
9:00	小会議室	×	×	●	●	●	●	●	●	休館日	●	●	●	●	×	●	●	●	●	×	●	×	×	休館日	●	●	×	●								
	中会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
	大会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
10:00	小会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
	中会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
	大会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
11:00	小会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
	中会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
	大会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	●	×	×		●	●	×	●								
12:00	小会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	×	×	×		●	●	×	●								
	中会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	×	×	×		●	●	×	●								
	大会議室	×	×	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	×	×	×	×		●	●	×	●								
13:00	小会議室	×	●	●	●	●	●	●	×		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	×	●	●	●	●	●	●	×		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	×	●	●	●	●	●	●	×		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
14:00	小会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
15:00	小会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
16:00	小会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	×	●	●	●	●	●	●	●		●	●	●	●	×	●	●	●	●	●	×	×	×		●	●	●	●								
17:00	小会議室	×	●	●	●	●	●	●	●		●	●	●	×	×	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	×	●	●	●	●	●	●	●		●	●	●	×	×	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	×	●	●	●	●	●	●	●		●	●	●	×	×	●	●	●	●	●	×	×	×		●	●	●	●								
18:00	小会議室	×	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	×	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	×	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
19:00	小会議室	●	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	●	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	●	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
20:00	小会議室	●	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
	中会議室	●	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								
	大会議室	●	●	●	●	●	●	●	●		●	●	●	×	●	●	●	●	●	●	×	×	×		●	●	●	●								

* 毎週土曜日に更新予定

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トレーニングルーム 専用予約スケジュール

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		土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金		
トレーニングルーム①		×	×	●	●	●	●	●	×	×	休館日	●	●	●	●	×	×	×	●	●	●	●	●	×	×	休館日	●	●	●	●								
9:00 トレーニングルーム②		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	●	●	●								
全面		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	●	●	●								
トレーニングルーム①		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	×	●	●								
10:00 トレーニングルーム②		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	×	●	●								
全面		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	×	●	●								
トレーニングルーム①		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	×	●	●								
11:00 トレーニングルーム②		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	×	●	●								
全面		×	×	●	●	●	●	●	×	×		●	●	●	●	×	×	×	●	●	●	●	●	×	×		●	×	●	●								
トレーニングルーム①		×	×	●	×	●	●	●	×	×		×	●	●	●	×	×	×	●	×	●	●	●	×	×		×	●	●	●								
12:00 トレーニングルーム②		×	×	●	×	●	●	●	×	×		×	●	●	●	×	×	×	●	×	●	●	●	×	×		×	●	●	●								
全面		×	×	●	×	●	●	●	×	×		×	●	●	●	×	×	×	●	×	●	●	●	×	×		×	●	●	●								
トレーニングルーム①		×	●	●	×	●	●	●	×	●		×	×	●	●	×	●	●	●	×	●	●	●	×	●		×	●	●	●								
13:00 トレーニングルーム②		×	●	●	×	●	●	●	×	●		×	×	●	●	×	●	●	●	×	●	●	●	×	●		×	●	●	●								
全面		×	●	●	×	●	●	●	×	●		×	×	●	●	×	●	●	●	×	●	●	●	×	●		×	●	●	●								
トレーニングルーム①		×	×	●	×	×	●	●	×	×		×	×	●	●	×	×	×	●	×	×	●	●	×	×		×	●	●	●								
14:00 トレーニングルーム②		×	×	●	×	×	●	●	×	×		×	×	●	●	×	×	×	●	×	×	●	●	×	×		×	●	●	●								
全面		×	×	●	×	×	●	●	×	×		×	×	●	●	×	×	×	●	×	×	●	●	×	×		×	●	●	●								
トレーニングルーム①		×	×	●	×	×	×	●	×	×		×	×	×	●	×	×	×	●	×	×	×	●	×	×		×	●	×	●								
15:00 トレーニングルーム②		×	×	●	×	×	×	●	×	×		×	×	×	●	×	×	×	●	×	×	×	●	×	×		×	●	×	●								
全面		×	×	●	×	×	×	●	×	×	×	×	×	●	×	×	×	●	×	×	×	●	×	×	×	●	×	●										
トレーニングルーム①		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	●	×	×										
16:00 トレーニングルーム②		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	●	×	×										
全面		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	●	×	×										
トレーニングルーム①		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	●	×	×										
17:00 トレーニングルーム②		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	●	×	×										
全面		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	●	×	×										
トレーニングルーム①		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
18:00 トレーニングルーム②		×	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
全面		×	●	●	×	×	×	×	●	●	×	×	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
トレーニングルーム①		×	×	●	×	×	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
19:00 トレーニングルーム②		●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
全面		×	×	●	×	×	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
トレーニングルーム①		●	×	●	×	×	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
20:00 トレーニングルーム②		●	●	●	×	●	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										
全面		●	×	●	×	×	×	×	●	●	×	●	×	×	●	●	●	●	×	●	×	×	●	●	×	●	×	×										

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		土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金											
9:00	レーン①	●	●	●	●	●	●	●	●	●	休館日	●	●	●	●	●	●	●	●	●	●	●	●	●	休館日	●	●	●	●																		
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●																		
10:00	レーン①	×	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●	休館日	●	●	●	●																
	レーン②	×	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●		●	●	●																	
11:00	レーン①	×	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●		休館日	●	●	●	●															
	レーン②	×	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●			●	●	●																
12:00	レーン①	●	●	●	●	×	●	●	●	●		●	×	●	●	●	●	●	●	×	●	●	●	●		●			休館日	●	×	●	●														
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●				●	●	●															
13:00	レーン①	●	●	●	●	×	●	×	●	●		●	×	●	×	●	●	●	×	●	×	●	●	●		●				休館日	●	×	●	×													
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●					●	●	●														
14:00	レーン①	●	●	●	●	×	●	×	●	●		●	×	●	×	●	●	●	×	●	×	●	●	●		●					休館日	●	×	●	×												
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●						●	●	●													
15:00	レーン①	●	●	●	●	●	●	×	●	●		●	●	●	×	●	●	●	●	●	×	●	●	●		●						休館日	●	●	●	×											
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●							●	●	●												
16:00	レーン①	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●							休館日	●	●	●	●										
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●								●	●	●											
17:00	レーン①	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●								休館日	●	●	●	●									
	レーン②	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●		●									●	●	●										
18:00	レーン①	●	●	●	×	●	●	●	●	●		×	●	●	●	●	●	●	×	●	●	●	●	●		●									休館日	×	●	●	●								
	レーン②	●	●	●	×	●	●	●	●	●		×	●	●	●	●	●	●	×	●	●	●	●	●		●										×	●	●									
19:00	レーン①	●	●	●	×	●	●	●	●	●		×	●	●	●	●	●	●	×	●	●	●	●	●		●										休館日	×	●	●	●							
	レーン②	●	●	●	×	●	●	●	●	●		×	●	●	●	●	●	●	×	●	●	●	●	●		●											×	●	●								
20:00	レーン①	●	●	●	×	●	●	●	●	●		×	●	●	●	●	●	●	×	●	●	●	●	●		●											休館日	×	●	●	●						
	レーン②	●	●	●	×	●	●	●	●	●		×	●	●	●	●	●	●	×	●	●	●	●	●		●												×	●	●							

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