

会議室 専用予約スケジュール

ご予約可能期間

ご予約前期間

● ・ ・ 空き

× ・ ・ 予約済み

9月27日 現在

		9月				10月																																		
		27	28	29	30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
		土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金				
9:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●	休館日	●	●	●	●	●	●	●	●	×	●			休館日								
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	×	●											
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	×	●											
10:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	×	●											
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	×	●											
11:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	×	●											
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	×	●											
12:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
13:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	×	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
14:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
15:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
16:00	小会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	中会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
	大会議室	●	●	●	●	●	×	●	●	●	●	●	●	●	●	●	●	●		●	●	×	●	●	×	●	●	●	×	●										
17:00	小会議室	●	●	●	●	●	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	中会議室	●	●	●	●	●	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	大会議室	●	●	●	●	●	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
18:00	小会議室	●	●	●	●	●	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	中会議室	●	●	●	●	●	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	大会議室	●	●	●	●	●	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
19:00	小会議室	●	●	●	●	×	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	中会議室	●	●	●	●	×	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	大会議室	●	●	●	●	×	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
20:00	小会議室	●	●	●	●	×	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	中会議室	●	●	●	●	×	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											
	大会議室	●	●	●	●	×	×	●	●	●	●	×	●	×	●	●	●	●	●	●	×	●	●	●	●	×	●	×	●											

* 毎週土曜日に更新予定

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			土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金			
9:00	トレーニングルーム①		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●	休館日	×	×	×	×	×	×	×	×	×			休館日								
	トレーニングルーム②		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
	全面		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
10:00	トレーニングルーム①		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×				休館日							
	トレーニングルーム②		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
	全面		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
11:00	トレーニングルーム①		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×					休館日						
	トレーニングルーム②		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
	全面		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
12:00	トレーニングルーム①		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×						休館日					
	トレーニングルーム②		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
	全面		×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×											
13:00	トレーニングルーム①		×	×	●	×	●	●	×	●	●	×	●	●	●	×	●	●	●		×	●	●	●	×	●	●	×	●	●						休館日				
	トレーニングルーム②		×	●	●	×	●	●	●	×	●	●	×	●	●	●	×	●	●		●	●	●	●	×	●	●	●	●	●										
	全面		×	×	●	×	●	●	×	●	●	×	●	●	●	×	●	●	●		●	●	●	×	●	●	●	●	●											
14:00	トレーニングルーム①		×	×	●	×	×	●	●	×	×	×	●	●	×	●	●	×	●		●	×	●	●	×	×	×	●	●			休館日								
	トレーニングルーム②		×	●	●	×	×	●	●	×	×	×	●	●	×	●	●	×	●		●	×	×	×	×	×	●	●	●											
	全面		×	×	●	×	×	●	●	×	×	×	●	●	×	●	●	×	●		●	×	×	×	×	×	●	●	●											
15:00	トレーニングルーム①		×	●	●	×	●	×	●	●	×	×	×	×	●	×	●	●	●		×	×	×	●	●	×	×	×	●				休館日							
	トレーニングルーム②		×	●	●	×	●	×	●	●	×	×	×	×	●	×	●	●	●		×	×	×	×	×	×	×	●	●											
	全面		×	●	●	×	●	×	●	●	×	×	×	×	●	×	●	●	●		×	×	×	×	×	×	×	●	●											
16:00	トレーニングルーム①		×	●	●	×	●	×	×	●	●	×	×	×	×	●	●	●	●		×	×	×	×	●	●	●	×	×	×					休館日					
	トレーニングルーム②		●	●	●	×	●	×	×	●	●	×	×	×	×	●	●	●	●		×	×	×	×	×	×	×	×	×											
	全面		×	●	●	×	●	×	×	●	●	×	×	×	×	●	●	●	●		×	×	×	×	×	×	×	×	×											
17:00	トレーニングルーム①		×	●	●	×	●	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	●	×	×	×					休館日						
	トレーニングルーム②		●	●	●	×	●	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	●	×	×	×											
	全面		×	●	●	×	●	×	×	●	●	×	×	×	×	●	●	●	●	×	×	×	×	●	●	●	×	×	×											
18:00	トレーニングルーム①		×	×	×	×	×	×	●	●	×	×	×	×	×	●	●	●	●	×	×	×	×	●	●	●	×	×	×			休館日								
	トレーニングルーム②		●	×	×	×	×	×	●	●	×	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	×	×												
	全面		×	×	×	×	×	×	●	●	×	×	×	×	×	●	●	●	●	×	×	×	×	●	●	×	×	×												
19:00	トレーニングルーム①		×	×	●	×	×	×	●	×	●	×	●	×	×	●	●	●	●	×	×	×	×	●	●	●	×	×	×				休館日							
	トレーニングルーム②		●	×	●	×	●	×	●	●	●	×	●	×	×	●	●	●	●	×	×	×	×	●	●	×	×	×												
	全面		×	×	●	×	×	×	●	×	●	×	●	×	×	●	●	●	●	×	×	×	×	●	●	×	×	×												
20:00	トレーニングルーム①		●	×	●	×	×	×	●	×	●	×	●	×	×	●	●	●	●	×	×	×	×	●	●	●	×	×	×						休館日					
	トレーニングルーム②		●	×	●	×	●	×	●	●	●	×	●	×	×	●	●	●	●	×	×	×	×	●	●	×	×	×												
	全面		●	×	●	×	×	×	●	×	●	×	●	×	×	●	●	●	●	×	×	×	×	●	●	×	×	×												

* 毎週土曜日に更新予定

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		土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	土	日	月	火	水	木	金	
9:00	レーン①	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●	休館日	×	×	×	×	×	×	×	×	×	×			休館日					
	レーン②	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
10:00	レーン①	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
	レーン②	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
11:00	レーン①	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
	レーン②	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
12:00	レーン①	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
	レーン②	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	×	●		×	×	×	×	×	×	×	×	×	×								
13:00	レーン①	×	●	●	×	×	×	×	×	×	●	●	×	×	×	×	×	●		●	×	×	×	×	●	●	×	×	×	×							
	レーン②	×	●	●	×	×	×	×	×	×	●	●	×	×	×	×	×	●		●	×	×	×	×	●	●	×	×	×	×							
14:00	レーン①	×	●	●	×	×	×	×	×	×	●	●	×	×	×	×	×	●		●	×	×	×	×	●	●	×	×	×	×							
	レーン②	×	●	●	×	×	×	×	×	×	●	●	×	×	×	×	×	●		●	×	×	×	×	●	●	×	×	×	×							
15:00	レーン①	●	●	●	×	×	×	●	×	●	●	×	×	●	×	●	●	●		×	●	×	●	●	●	×	×	●	×								
	レーン②	●	●	●	×	×	×	●	×	●	●	×	×	●	×	●	●	●		×	●	×	●	●	●	×	×	●	×								
16:00	レーン①	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●								
	レーン②	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●	●	●	●	●	●								
17:00	レーン①	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●									
	レーン②	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●									
18:00	レーン①	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	●	●	●	×	×	×	×									
	レーン②	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	●	●	●	×	×	×	×									
19:00	レーン①	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	●	●	●	×	×	×	×									
	レーン②	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	●	●	●	×	×	×	×									
20:00	レーン①	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	●	●	●	×	×	×	×									
	レーン②	●	●	●	×	×	×	×	●	●	●	×	×	×	×	●	●	●	×	×	×	●	●	●	×	×	×	×									

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